

September 2019

Bellport Seniors

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
2 9:30 am Tai Chi	3 12:30 pm Silver Sneakers	4 9:30am Qigong	5	6	7	8
9 9:30 am Tai Chi Calendars go online	10 12:30 pm Silver Sneakers Registration 2-4 pm A-L	11 9:30am Qigong Registration 2-4 pm M-Z	12 2-3 pm Open Registration	13 10:30am Country dancing	14	15
16 9:30 am Tai Chi	17 3- 4:30 pm Infinity Scarf	18 9:30am Qigong	19 7:30 am Casino trip \$34.00	20 10:30am Country dancing	21	22
23 9:30 am Tai Chi	24 12:30 pm Silver Sneakers 3- 4:30 pm Infinity Scarf	25 9:30am Qigong	26 7:30 am FDR Museum, Hyde Park Tour & Lunch \$60.	27 10:30am Country dancing	28 Fall Fair @ BUMC	29  NCL Sails
30 9:30 am Tai Chi	<p>Notes: <i>Infinity Scarf</i> class is no charge. You pay for your required supplies. 9/19: <i>Casino</i> - Vans depart Porter's lot at 7:30 am; Cross Sound Ferry cost is \$34 (to be paid at ferry. Includes RT ferry & bus, lunch & play \$). <i>FDR Museum</i> – NF bus leaves at 7:30am sharp. \$60 includes lunch</p>					/

- Registration takes place in the Bellport Community Center
- All payments are to be made at the time of registration. Checks to be made to Village of Bellport
- No refunds are possible from the Village. It is your responsibility to find a replacement if you must cancel.
- Please do not register if you are unsure of the date. We can add you to a waiting list and pay later.







October 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 12:30 pm Silver Sneakers 3- 4:30 pm Infinity Scarf	2 9:30am Qigong	3	4 10:30am Country dancing	5	6 NCL Returns 
7 9:30 am Tai Chi	8 12:30 pm Silver Sneakers 3- 4:30 pm Infinity Scarf	9 9:30am Qigong 8 am Kykuit & Lunch \$60	10	11 10:30am Country dancing	12	13
14 	15 12:30 pm Silver Sneakers	16 9:30am Qigong	17 Veterans Services Discussion 10 am BCC	18 10:30am Country dancing	19	20
21 9:30 am Tai Chi 10:15 am Meadow Croft	22 12:30 pm Silver Sneakers	23 9:30am Qigong	24 9:15 am Spies of Setauket walking tour \$20	25 10:30am Country dancing	26 Bellport Halloween Parade Noon	27
28 9:30 am Tai Chi	29 12:30 pm Silver Sneakers	30 9:30am Qigong	31 	Wed., 10/9: 8 am Bus departs BCC for Kykuit tour & lunch \$60. Thurs., 10/17: 10am A Veterans Admin will be speaking about benefits & services. Spouses are expected to attend. Held in BCC		

Tai Chi: Wear comfortable clothing; Bring water; \$5. Per class; held in BCC
Silver Sneakers: Wear sneakers; bring water; \$5. Per class if you are not a Silver Sneakers member; held in BCC
Qigong: Wear comfortable clothing; bring water; \$5. per class; held in BCC
Countryline dancing: Wear leather soled shoes; bring water; held in BCC; \$5. Per class
10/21: Meadow Croft guided tour – home of John E. Roosevelt; donation required at the mansion door; Vans / cars going; Lunch at your expense; 2 vans going
10/24: Spies of Setauket guided walking tour; 90 min tour; lunch at your expense; \$20 pp; 2 Vans going so reserve a seat.

November 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 10:30am CL dance 8am Transit Museum \$60.	2	3 Restaurant Week Begins Nov. 3-10th
4 9:30 am Tai Chi	5 12:30 pm Silver Sneakers	6 9:30am Qigong	7	8 10:30am Country dancing	9	10
11 	12 12:30 pm Silver Sneakers	13 9:30am Qigong	14 7:30 am Casino trip \$34.00	15 10:30am Country dancing	16	17 "Time Stands Still" ClaireRose Playhouse 3 PM
18 9:30 am Tai Chi	19 12:30 pm Silver Sneakers	20 9:30am Qigong	21 8:30 am Day on the North Fork & Wine Tasting \$50	22 10:30am Country dancing	23	24
25 9:30 am Tai Chi 10:30 am TraderJoe's/ Whole Foods	26 12:30 pm Silver Sneakers	27 9:30am Qigong	28 	29	30 Small Shop Sat. & Soup Contest Noon	

Notes:

- 11/1:** 8 am departure for Transit Museum –leave from Bellport CCtr.; Lunch, tour & transportation included in price of \$60. pp
- 11/17:** 2:15 departure from Porter's lot; Claire Rose Theatre @ St. Joe's College; only 20 seats available; no transportation provided / carpool/ \$10 pp
- 11/21:** 8:30 am departure from Bellport CCtr; Lunch on your own; day in Greenport; a few local farm stand stops; ending day with Wine tasting \$50 pp
- 11/25:** 10:30 departure from Porter's lot; shopping a lunch at your own expense.





December 2019

Monday	Tuesday	Wednesday	Thurs.	Friday	Saturday	Sunday
2 9:30 am Tai Chi	3 12:30 pm Silver Sneakers	4 9:30am Qigong	5 <i>TBD Time Plaza Media Arts Ctr To See an Emmy worthy film</i>	6 10:30am Country dancing	7 Christ Episcopal Xmas Fair Bellport Tree Lighting ceremony 7pm	8
9 9:30 am Tai Chi	10 12:30 pm Silver Sneakers	11 9:30am Qigong	12 <i>8 am Tour of Grand Central Station \$50.</i>	13 10:30am Country dancing	14	15
16 9:30 am Tai Chi	17 12:30 pm Silver Sneakers	18 9:30am Qigong Holiday Bowl \$10	19	20 10:30am Country dancing	21	22
23 9:30 am Tai Chi	24	25 	26	27	28	29
30 9:30 am Tai Chi	31 	<p><i>Wishing you a New Year rich with the blessings of love, joy, laughter, and good health.</i></p> <p>Spring Registration Postcards will be mailed after St. Patricks Day.</p>				

Notes:

12/5: Plaza MAC film; 2 vans going; Time TBD for departure from Porter's lot. 2 vans and carpool

12/12: 8 am departure from Bellport CCtr; Guided head-poned tour which lasts 75 minutes; lunch on your own; Bus departs GC at 4pm; Dessert served on bus ride home.

12/18: Christmas Bowl; join us for a holiday cheer; held in lower room of BCC (Bowling Alley); heroes, punch & coffee served; bring a plate of cookies or a sweet treat to share & enjoy with coffee. \$10 pp

